



**LIMITED PLACES
REMAIN!**



PSA Rugby Academy
TIGNES

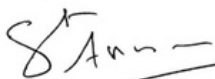
Sat 10th - Sat 24th July 2021

Player Development Focus
Elite Venue at Altitude
Pro Coaching Excellence
World Class Programme Partners
Fully compliant COVID-19 protocols

psaacademies.com/tignes
#maximiseyourpotential

We Are PSA Academies

"The PSA Rugby Academy Tignes is the ultimate rugby development programme for top 10-17 year old players, boys & girls, from around Europe & beyond. With proven COVID-19 protocols & an 'Excellent' rating on Trustpilot, we're delighted to return in July 2021 with a top coaching team & rugby programme. We look forward to welcoming your player(s) to the French Alps!"



Philippe Saint-André
Rugby Director
PSA Academies



PSA PSAVs



2020 Dates

Week 1 - Sat 10th - Sat 17th July

M/INT/ADV - B & G

Week 2 - Sat 17th - Sat 24th July

M/INT/ADV - B & G

Minis = M (10-11yrs), INT = Intermediate (12-15yrs), ADV = Advanced (15-17yrs), B = Boys, G = Girls

Programme Features

Welcome Webinar & WhatsApp updates

Fully compliant COVID-19 protocols

Core Rugby Skills Assessment & Development

Player-Specific Development Report

Professional Coaching Team (World Rugby Stage 4+)

Game-based Learning

Speed, Agility & Quickness (SAQ) training

Strength & Conditioning

Technical Analysis etc.

Sports Science Webinars (Nutrition etc.)

Bi-lingual programme delivery (French & English)

Personal Development & End-of-Academy Awards (based on 9PSAV's Framework)

PSA Player Pack (2 x T-Shirts, Bag & Hat)

Group Leisure Activities including Watersports & Mountain Hike

Additional Travel Insurance Cover (Endsleigh)

For more information about the Tignes Programme, visit our [FAQs section here](#).

Prices

€985pp / £895pp

7 Night Residential Programme

€1,895pp / £1,725pp

14 Night 'Rugby Only' Programme

€399pp / £360pp

6 Day Non-Residential Programme

What's Included

UCPa

Package includes fully supervised, shared, full board accommodation in the UCPa Tignes, return Lyon airport & Bourg Saint Maurice train station transfers, all rugby & leisure activities, plus the PSA Player Pack. For further information, see the Academy programme page [here](#).

*Packages do not cover non-standard transfers, pending money or any additional costs outside of the standard PSA Rugby Academy Tignes package. [Full Booking Ts&Cs apply](#) - see site FAQ for details.

LIMITED PLACES REMAINING!

Book & pay for your Academy place in full by 31 May to avoid disappointment!

Closes 23:59hrs, 31st May 2021. €50/£50 deposit booking fee is non-refundable. [Ts&Cs apply](#)

For more info or to book, see psaacademies.com/tignes

Testimonials

★★★★★ Rated Excellent on ★ Trustpilot

"My son really enjoyed the PSA Rugby Academy Tignes and wants to come back next year."

Fernandez, PSA Rugby Academy Tignes Parent

"The PSA Rugby Academy Tignes gave superb technical coaching and an overall programme of very high quality. Our children loved it!"

David, PSA Rugby Academy Tignes Parent

Partners



More from PSA Academies

Visit psaacademies.com to learn about our high-performance Rugby Academy programmes in Ireland & the UK, tailored pre-season tours and rugby & language focused education placements in the EU & worldwide.



#maximiseyourpotential

EMAIL

sales@psaacademies.com

TELEPHONE

1800 938772 (IRE)

+33 970 17 3676 (FR)

+44 800 037 7476 (UK/ROW)

WHATSAPP BUSINESS

+353 89 4825371 (IRE/ROW)

+33 970 17 3676 (FR)



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