



**LIMITED TIME  
SPECIAL OFFER  
INSIDE**



2021

# **PSA RUGBY ACADEMIES IRELAND**

Player Development Focus  
Professional Coaching Excellence  
Rugby & Physical Test Reporting  
Online Education Programme  
Fully compliant COVID-19 protocols

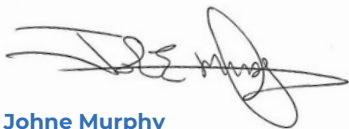
**[psaacademies.com/ireland](https://psaacademies.com/ireland)**

#maximiseyourpotential

# We Are PSA Academies

"We're delighted to launch our summer 2021 schedule of high-performance, residential & non-residential Rugby Academy programmes in Ireland for 10-16yrs old players, boys & girls. Sign up early, by paying a €50 deposit\*, to secure your spot for these limited capacity Academies, rated 'Excellent' on Trustpilot. We look forward to seeing your young player(s) this July & August!"

\*€50 deposit booking fee is non-refundable. Ts&Cs apply.



**Johne Murphy**  
Rugby Director, PSA Academies



 PSAVs



 Trustpilot



## 2021 Dates

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### **PSA Rugby Academy, Cork**

Midleton College & RFC, Mon 12th - Fri 16th July (Non-Residential, B & C\*)

### **PSA Rugby Academy, Kilkenny**

Kilkenny College, Sun 18th - Fri 23rd July (Res & Non-Res, B & C\*)

### **PSA Rugby Academy, Kildare**

Newbridge College, Mon 9th - Fri 13th Aug (Non-Res only, B & C)

### **PSA Rugby Academy, Dublin**

Castleknock College, Mon 16th - Fri 20th Aug (Non-Res only, B & C)

\*For specific Residential programme start dates by age group/gender, please see the programme information page on the PSA Academies website [here](#).

## Programme Features

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Welcome Webinar & regular WhatsApp updates

Fully compliant COVID19 protocols (prevailing IRFU/Sport Ireland/HSE/NPHET guidance)

Core Rugby Skills Video Assessment & Report

Physical Testing & Report

Skills-based, non-contact programme

Top Coaching Team with pro rugby playing & coaching credentials

Core Skills & Strength Development

Speed, Agility & Quickness (SAQ)

Game-based Learning

Online Education Webinars with top mentors covering;

- Physical Development of Young Players
- Sports Nutrition
- Mental Wellness
- Injury Management & Concussion Awareness

Personal Development (via 9PSAV's Framework)

For more information about the Ireland Programme, visit our FAQs section [here](#).

# Prices

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**3 Night Residential\* (Minis 10-11yrs, B Only)**

**Full Price €339pp**

**4 Day Non-Residential\* (Minis 10-11yrs, B & G)**

**Full Price €270pp**

**5 Night Residential\* (INT/ADV, 12-16yrs, B & G)**

**Full Price €445pp**

**5 Day Non-Residential\* (INT/ADV, 12-16yrs, B & G)**

**Full Price €339pp**

**5 Day Non-Residential Only Venues (All Ages, B & G)**

**Full Price €339pp**

Minis = 10-11yrs, INT/ADV = 12-16yrs, B = Boys, G = Girls

\*Kilkenny Academy information - 3 Night residential programme runs from Tues 8.30am - Fri 5pm. 5 Night residential programme runs from Sun 5pm - Fri 5pm

## What's Included

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Residential - 3 or 5 Nights fully supervised, shared, full board accommodation based on latest COVID19 protocols for Minis Boys/INT & ADV Boys & Girls respectively, transfers from local transport hubs if required, all rugby & leisure activities including online learning, the PSA Rugby & Physical Testing/Development Reports & PSA Player Pack

Non-Residential - 4 or 5 Days of rugby & leisure activities including online learning for All Age Groups, Boys & Girls, including a hot lunch\*, the PSA Rugby & Physical Development Testing/Reports & PSA Player Pack

For further information & latest applicable COVID19 protocols, see the Academy programme page [here](#).

\*Only available in venues offering full Residential programmes

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**FINAL 10% OFFER EXTENSION**  
**Get 10% off\* when you book & pay a €50 deposit before 10th May 2021**

Closes 23:59hrs, 10th May 2021. €50 deposit booking fee non-refundable. [Ts&Cs apply](#)

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**For more info or to book, see**  
**[psaacademies.com/ireland](https://psaacademies.com/ireland)**

# Testimonials



Rated Excellent on  Trustpilot

"Just brilliant....Very well planned, organised and executed....We are definitely coming back in 2021"

**Jan, 2020 PSA Rugby Academy Cork Parent**

"As a parent I think the the camp was very well organized.....I can't recommend this experience more.

**Stefano, 2020 PSA Rugby Academy Dublin Parent**

# Partners



# PSA Academies Gift Vouchers

The perfect gift for the young player in your life.

Buy in €25-100 units - click [here](#) for more

**€100 GIFT VOUCHER**  
Name   
Coupon Code   
Expiry Date   
Book using your code at [www.psaacademies.com/book-now](http://www.psaacademies.com/book-now)  
1800 938772 +353 89 4825371 



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