



**LIMITED PLACES
REMAIN!**



**ST JOSEPH'S
COLLEGE**

PSA RUGBY ACADEMY EAST ENGLAND

Mon 16th - Fri 20th Aug 2021

Top Coaching with The Magic Academy
Player Development Focus
Rugby & Physical Test Reporting
Online Education Programme
Fully compliant COVID-19 protocols

psaacademies.com/east-england

#maximiseyourpotential

#ChangingTheGame this August!

"We're delighted to launch our PSA Rugby Academy East England, with residential and non-residential options for 10-17yrs old players, boys & girls. This is our first high-performance programme delivered in partnership with Rusty & Fletch from The Magic Academy so we're really excited for what we will offer the best young players in August!"



Philippe Saint-Andre & John Murphy, Directors, PSA Academies



Rusty & Fletch, Co-Founders, The Magic Academy

"Alongside our new Coach Development Programme, we're super excited to be partnering with the PSA Academies team for the East England Academy at St Joseph's College Ipswich this August. So what can the 10-17yrs players expect from the 5 days at camp? Simple. We want to run the best high-performance rugby development experience in the UK this summer. Our CAMP MISSION = to set you guys up to become the most skillful, robust and tactical players in the WORLD! Are you in?"

2021 Dates

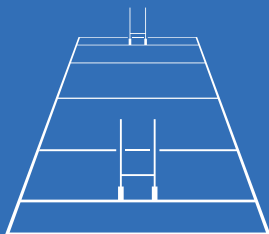
PSA Rugby Academy, East England

Mon 16th - Fri 20th August (Residential & Non-Residential, 10-17yrs Boys & Girls)

Non-Residential Schedule

0830hrs - 1500hrs : Venue (St. Joseph's College, Ipswich)

1830hrs - 2015hrs : Online (Zoom Webinar)



Academy Programme Features

Welcome Webinar & regular WhatsApp updates

Fully compliant COVID19 protocols (prevailing RFU/UK Government guidance)

Core Rugby Skills Video Assessment & Report

Physical Testing & Report

Skills-based, non-contact programme with The Magic Academy's Rusty & Fletch, plus the CDP guest coaches

Game-based Learning

Core Skills & Strength Development

Speed, Agility & Quickness (SAQ)

Online Education Webinars with top mentors covering;

- Physical Development of Young Players
- Sports Nutrition
- Mental Wellness
- Injury Management & Concussion Awareness

Personal Development (via 9PSAV's Framework)

For more information about the UK Programme, visit our FAQs section [here](#).

Prices

5 Nights Residential 10-17yrs, Boys & Girls
Full Price £450pp

5 Days Non-Residential 10-17yrs Girls, Boys & Girls
Full Price £175pp

What's Included

Package includes min 6hrs daily rugby programme (max 1:15 player to coach ratio), plus access to evening online programme including live Zoom webinars for 4 nights plus supporting course work.

Also includes two post-camp Player Development Reports (Rugby & Physical) incl. personalised rugby testing video.

NOTE - due to COVID-19, non-residential players will be required to bring their own packed lunch & labelled water bottle.

For further information, see the [Academy programme page](#).

Testimonials

 **Rated Excellent on**  **Trustpilot**

"My son had a fantastic week! He really enjoyed it & working on developing skills...would definitely recommend!"

JC, 2020 PSA Rugby Academy East England Parent

"What a fantastic camp. My son has given me the most amazing feedback about it. He absolutely loved it."

Elizabeth, 2020 PSA Rugby Academy East England Parent

For more info or to book, see
psaacademies.com/east-england

COACH DEVELOPMENT PROGRAMME

2pm Tues 17th- 2pm Weds 18th Aug 2021

#GameOfTheFuture in partnership with



There's only one way to find out more about the #GameOfTheFuture...

...and that's to book your place for the East England CDP this August!



#BeatTheGame

£175pp for:

- Full board overnight stay in the Tented Village
- Full CDP activities & materials
- Branded CDP training top

FREE CDP PLACE IF YOU SIGN UP 10 ACADEMY PLAYERS!

*Offer ends 31st July 2021. T&Cs apply.

Practice design...

how do we better design problems for our players to solve?

Coaching skills...

useful learning principles to help players get better.

Co-coaching...

how can we maximise the collective coaching experience of the coaching group?

Impactful interactions...

understand that this is where the magic is and how we can better support individuals in a group session

To register your interest or to book your place today, go to psaacademies.com/magiccdp2021



#maximiseyourpotential

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