



**LIMITED TIME
SPECIAL OFFER
INSIDE**



Rugby Academy

SOUTH ENGLAND

**Venue – Pangbourne College
Sun 9th – Fri 14th August 2020**

Player Development Focus
Pro Coaching Excellence
Top Rugby Venue
World Class Partners

psaacademies.com/south-england

#maximiseyourpotential

We Are PSA Academies

“After our successful launch in 2019, we’re delighted to return to Pangbourne College in August for another fantastic high-performance rugby programme for ambitious boys and girls players aged 10-16yrs. With our top team of pro coaches and staff delivering an unrivalled player-focussed development approach, we’re confident that any players attending will take a big step forward in maximising their potential.”



Johnie Murphy
Rugby & Sales Director
Ex-Munster &
Leicester Tigers Player



2020 Dates

Minis (10-11yrs) Boys & Girls

Non-Residential – 9am to 5pm daily,
Weds 12th to Fri 14th August.
(8.30am check in Day 1)

Intermediate (12-14yrs) /Advanced (15-16yrs) Boys & Girls

Residential - 5pm Sun 9th to 5pm Fri 14th August

Non-Residential – 9am to 5pm daily,
Mon 10th to Fri 14th August.
(8.30am check in Day 1)

Specialist Areas Covered

Core Skills Assessment & Development

Full Player Development Report

Positional Play

Game Management

Speed, Agility & Quickness (SAQ)

Strength & Conditioning

Technical Analysis – GPS etc.

Sports Nutrition

Mental Resilience

Injury Prevention

Fitness Assessment & Planning

Personal Development

Fun Social Activities

Prices

Minis B&G 3 Days Non-Residential
Full Price £155

INT/ADV B&G 5 Nights Residential
Full Price £405

INT/ADV B&G 5 Days Non-Residential
Full Price £275

What's included

Residential – 5 nights supervised, shared full board accommodation for INT/ADV players, all rugby & leisure activities plus the PSA Rugby Academy Player Pack & Player Development report.

Non-Residential – 3 days of rugby & leisure activities for Minis or 5 days for INT/ADV players including lunch & afternoon snack plus the PSA Rugby Academy Player Pack & Player Development report.

*Packages do not cover spending money at the Academy shop or any additional costs outside of the standard package. Booking Ts&Cs apply. See site FAQs for details.

LIMITED TIME, SPECIAL OFFER

Get 10% off with code 'earlybook10off'
& pay a 40% deposit to secure,
if booking before 29 February*

*Closes 23:59hrs, 29 Feb 2020. Ts&Cs apply.

For more info or to book, see
psaacademies.com/south-england

Testimonials

★★★★★ Rated Excellent on ★ Trustpilot

'I would definitely recommend this Rugby Academy. My son loved every minute of it. He has attended quite a few camps over the last few years but said this was by far the best one that he's been to. He genuinely wished that he could have stayed longer. We will definitely be a repeat customer!'

Sarah, 2019 PSA Rugby Academy South England Parent

To read more testimonials, go to our Trustpilot page



Partners



More from PSA Academies

Visit psaacademies.com to learn about our Rugby Academies in France & the UK, high performance team tours and rugby-focussed educational placements in the EU & worldwide.



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