



High Performance Rugby Clinic

Finborough School, Stowmarket – Sat 10th Mar 2018

Core Skills
Development Sessions

Top International
& Youth Coaches

Girls & Boys,
10-18 years

£30pp includes all rugby,
light refreshments & prizes



Myself and the PSA Academies team are excited to be bringing our High Performance Rugby Clinic to the famous St. Joseph's College. Come and get an ideal preview of our world class Tignes & Finborough Rugby Academy programmes for 2018.

Philippe Saint-Andre, Co-Founder and Chairman, PSA Academies



CLINIC CONTENT

- Core Skills Development
 - Passing
 - Continuity / Offloading & Games
 - Game Awareness
 - Defence / Shadowman & Games
 - Team Building Activities (C.A.R.D.S)

Minis (10-12 years old), Intermediate (12-15 years old) & Advanced (16-18 years old) players, Girls & Boys

9.00am Check In Registration

12.30pm Debrief & Refreshments

1.30pm Check Out

**10% OFF
2018 TIGNES &
FINBOROUGH
RUGBY
ACADEMIES**

Applies to all paid attendees.
Ts&Cs apply.
More info on day

For more information or to book your place, please visit Eventbrite and search "PSA Rugby"

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